



Exigo®

SPORTS VILLAGE - 44501166 / 55156973

WWW.SPORTSVILLAGEQATAR.COM

ThereAreNoLimits.
INFO@SPORTSVILLAGEQATAR.COM

WELCOME TO EXIGO

Since 1995 Exigo has been at the forefront of fitness equipment manufacturing and have become a leading global manufacturer of functional & strength training equipment, as well as being a leading supplier of boxing equipment. We are extremely proud of our British heritage and commitment to excellence.

STRENGTH / FUNCTIONAL / BOXING

Our extensive product range includes, strength, functional, elite performance and boxing equipment. Whether it's a full commercial gym fit-out or a one-off piece of equipment, we offer the complete end to end solution across design, manufacture and installation.

CHOICE & FLEXIBILITY

We work in partnership with our customers to ensure that we give them exactly what they need. Helping them to personalise and customise products to suit their individual requirements. They tell us that the level of choice and flexibility we provide is 'unrivalled in the fitness industry'

OPERATIONAL EXCELLENCE

We have the privilege of working with some of the leading international distributors of commercial fitness equipment as well as individual fitness facilities and gym operators – all are equally as important to us. They all value the exceptional quality of our products, our industry knowledge and experience and the friendly service they receive from every individual in our team.

INNOVATIVE & FORWARD THINKING

We are led by a young and forward thinking management team that is constantly in touch with customers, the market, sports science and the community. Our culture of continuous improvement, innovation and learning permeates the entire organisation and means that we never stand still.

OUR MISSION

We aim to provide a source of quality products and services that meets or exceeds your expectations. At Exigo, we value your custom.

You will find Exigo to be among the leading suppliers of products, product support and services available in the industry today, yet you will not find us the most expensive. More of what you want for much less than you would expect to pay.

WE ARE COMMITTED TO:

- Operational excellence and superb product quality
- Manufacturing in the UK at our own facility
- Continuous improvement and product innovation
- Delivering superior levels of customer service
- Investing time, energy and resources in our business relationships
- Investing in training and development for our staff





**LIFETIME
WARRANTY
ON MAIN
FRAME**

MADE IN THE UK

We are proud to manufacture from our wholly owned UK factory in Rochdale, Manchester.

We are recognised for our expertise, innovation, design and manufacturing of quality of strength, functional and boxing training equipment.

INDUSTRY STANDARDS

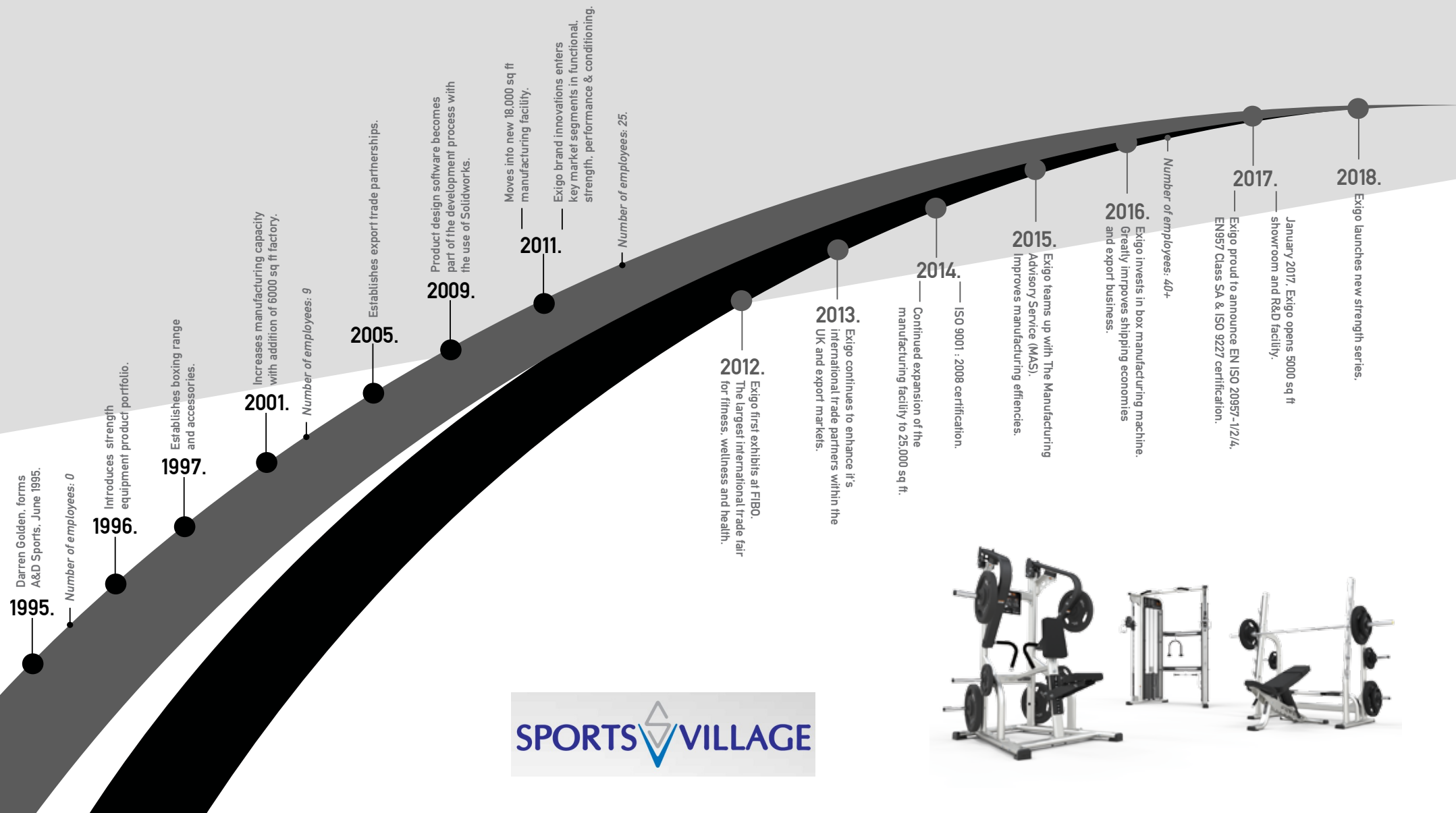
Exigo are certified - ISO 9001:2008, ISO 20957-1:2013, EN957-2:2003, EN957-4:2006+A1, ISO 9227:2012, the highest level of classification for commercial training facilities.

Exigo products follow EN 20957-1:2013 - Stationary training equipment. General safety requirements and test methods EN 957-2:2003 Stationary training equipment. Strength training equipment, additional specific safety requirements and test methods.



OUR HISTORY.

A UK manufacturer with such a proud heritage.



WORLDWIDE DISTRIBUTION.



We are extremely proud to be able to supply some of the leading International distributors of commercial gym and fitness equipment.

At Exigo, we pride ourselves on being at the forefront of development and distribution of commercial fitness products. Exigo has established a network of distribution throughout the world, in some 25 countries and we continue to recognise the ever changing and expanding marketplace.





01 Selectorized // PG 8-9

Exigo's selectorized machines combine attractive, innovative design with outstanding quality and performance.

02 Plate Loaded // PG 10-11

Renowned for our superior biomechanics, Exigo offers a huge range of unrivalled Plate Loaded equipment.

03 Benches & Racks // PG 12-13

Combining stylish ergonomic designs with precision engineered components, our Benches & Racks feature appropriate support for comfortable and efficient workouts.

04 Elite Racks & Lifting Platforms // PG 14-15

Our state of the art Elite Olympic Racks and Lifting Platforms provide dedicated stations for Olympic weight lifting.

05 Conditioning // PG 16-17

An elite range of Conditioning equipment essential to developing a complete athlete.



06



07



08



09



06 Functional Rigs // PG 18-19

Space efficient, customizable functional training systems from Exigo offer performance, reliability and build quality to suit all budgets.

07 Performance Rigs // PG 20-21

Our Performance Rigs offer exceptional value for money, from free standing, squat series, wall series & compact wall designs.

08 Storage Solutions // PG 22-23

Designed for modern fitness facilities where the need to maximize space efficiently and offer storage functionality is a priority.

09 Boxing // PG 24-25

Exigo supplies boxing rings and equipment to some of the largest and most high profile brands, events and customers in the industry.

SELECTORIZED.

Exigo's Selectorized machines combine attractive, innovative design with outstanding quality and performance.



SELECTORIZED RANGE



1005.	CHEST PRESS	1010.	INCLINE CHEST PRESS	1015.	SHOULDER PRESS	1020.	LATERAL RAISE	1025.	PECTORAL FLY
1030.	PECTORAL FLY REAR DELTOID	1035.	LATERAL PULLDOWN	1036.	DUAL CABLE LATERAL PULLDOWN	1040.	LATERAL PULLOVER	1045.	LATERAL LOW ROW
1050.	LATERAL SEATED ROW	1055.	LAT PULLDOWN / LOW ROW COMBO	1060.	ASSISTED CHINNING / DIPPING STATION	1065.	BICEP CURL	1070.	TRICEP EXTENSION
1075.	TRICEP PRESS	1100.	LEG EXTENSION	1105.	SEATED LEG CURL	1110.	LYING LEG CURL	1115.	LEG EXTENSION / LEG CURL COMBO
1120.	STANDING LEG CURL	1125.	SEATED LEG PRESS	1130.	RECUMBENT LEG PRESS	1135.	SEATED CALF RAISE	1140.	STANDING CALF RAISE
1145.	GLUTE MACHINE	1160.	HIP ADDUCTOR / ABDUCTOR	1165.	ROTARY HIP	1200.	ABDOMINAL MACHINE	1205.	BACK EXTENSION
1210.	BACK / ABDOMINAL COMBO	1215.	ABDOMINAL TWISTER	1220.	ADJUSTABLE CABLE CROSSOVER	1225.	ADJUSTABLE HIGH/LOW PULLEY	1230.	DUAL ADJUSTABLE PULLEY
1235.	FUNCTIONAL TRAINER	1240.	4 STATION JUNGLE GYM	1245.	5 STATION JUNGLE GYM	1250.	8 STATION JUNGLE GYM		



01 Incremental Weights

All incremental weights are indicated in kg/lbs, while the magnetic weight pin ensures secure selection.

02 Seat Assembly

Simple height adjustments, ensure correct and effective exercise posturing. Numeric indicators allow easy reference.

03 Comfort Grip

38mm rubber ribbed handles provide comfort with capped anodised aluminium ends for protection.

04 Solid Steel Weight Stack

Standard 100kg weight stack with optional 125/150kg upgrade, featuring standard rear shrouding and optional front shrouding.

05 Exercise Placard

Easy to understand exercise placards featuring instructional diagrams, targeted muscle groups and QR code.

06 Structural Frame

All main frames are constructed using 100x50x3 ERW flat sided oval, produced in the UK to BSEN 10305-3:2010 specification offering a lifetime main frame warranty.



LIFETIME WARRANTY ON MAIN FRAME

SPORTS VILLAGE

Complies with EN ISO 20957-1, EN 957-2

PLATE LOADED.

Renowned for our superior biomechanics, Exigo offers a huge range of unrivalled Plate Loaded equipment.



PLATE LOADED RANGE

3000.	CHEST PRESS	3005.	INCLINE CHEST PRESS	3010.	DECLINE CHEST PRESS	3015.	FLAT CHEST PRESS	3020.	SHOULDER PRESS
3025.	FRONT PIVOT SHOULDER PRESS	3030.	LATERAL RAISE	3035.	LOW ROW	3040.	HIGH ROW	3045.	LATERAL PULLDOWN
3050.	T-BAR TOW CHEST SUPPORT	3055.	T-BAR ROW STANDING	3060.	PULLOVER	3065.	SEATED BICEP CURL	3070.	SEATED DIP
3075.	4 WAY NECK MACHINE	3080.	SEATED / STANDING SHRUG	3085.	GRIPPER	3090.	SHRUG FRAME	3100.	LEG EXTENSION
3110.	STANDING LEG CURL	3115.	LEG PRESS	3120.	POWER RUNNER	3125.	45 DEGREE LEG PRESS	3127.	DUAL 45 DEGREE LEG PRESS
3130.	45 DEGREE HACK SQUAT	3135.	VERTICAL LEG PRESS	3140.	V SQUAT	3145.	SEATED CALF RAISE	3150.	DONKEY CALF RAISE
3155.	REVERSE HYPER EXTENSION	3160.	BODY DRIVE	3165.	SHRUG / DEAD LIFT	3170.	LUNGE	3175.	SMITH MACHINE (COUNTER BALANCE)
3180.	SMITH MACHINE								



01 Frame Finish

All machines go through a two stage cleaning and phosphate treatment process, then finished with a polyester powder coat finish to ensure the very best durability.

02 Floor Fixing

All machines include hidden floor fixing points if floor fixing is required.

03 Exercise Plaque

Easy to understand exercise placards featuring instructional diagrams, targeted muscle groups and QR code.

04 Weight Storage Horns

Optional chrome weight plate storage horns with high impact ends are available to provide storage options.

05 Smooth ISO Movements

ISO lateral technology allows users to move both limbs at the same time, or individually.

06 Seat Assembly

Simple height adjustments, ensure correct and effective exercise posturing. Numeric indicators allow easy reference.



SPORTS VILLAGE

BENCHES & RACKS.

Combining stylish ergonomic designs with precision engineered components, our Benches & Racks feature appropriate support for comfortable and efficient workouts.



OLYMPIC STATIONS / TRAINING STATIONS

2000.	OLYMPIC FLAT BENCH	2005.	OLYMPIC INCLINE BENCH	2010.	OLYMPIC DECLINE BENCH	2015.	OLYMPIC ADJUSTABLE MULTI BENCH	2020.	OLYMPIC SHOULDER PRESS BENCH
2025.	OLYMPIC MILITARY PRESS BENCH	2030.	OLYMPIC SQUAT RACK	2040.	INDEPENDENT SQUAT STANDS	2055.	OLYMPIC PRO POWER RACK		

2300.	UPRIGHT UTILITY BENCH	2305.	FLAT BENCH	2310.	ADJUSTABLE BENCH	2315.	ADJUSTABLE BENCH (SPOT FEET)	2320.	ADJUSTABLE DECLINE BENCH
2325.	ADJUSTABLE PRONE ROW BENCH	2335.	45 DEGREE HYPER EXTENSION	2340.	GLUTE HAM DEVELOPER	2345.	DIPPING FRAME	2350.	WALL MOUNTED DIPPING FRAME
2355.	SEATED PREACHER CURL BENCH	2360.	STANDING PREACHER CURL BENCH	2365.	ADJUSTABLE ABDOMINAL BENCH	2375.	ADJ ABDOMINAL LADDER BENCH	2380.	LEG RAISE / DIP STATION
2385.	CHIN DIP LEG RAISE STATION	2390.	CHIN DIP LEG RAISE STATION (REAR)	2395.	ABDOMINAL TWISTER	2400.	MULTI GRIP CHINNING BAR	2405.	SQUAT BOX
2410.	POWER BLOCK (PAIR)	2415.	SISSY SQUAT	2420.	HIP THRUST BENCH				



01 Ergonomic Design
Designed to set up the user correctly and provide optimum comfort when performing the exercise.

02 Specialist Performance
A wide variety of specialist performance training stations are available.

03 Easy Adjustments
Simple user adjustments ensures safe, correct and effective exercise posture.

04 High Impact Plastic Mount
Integrated feet provide a secure stable base with hidden floor mounting points.

05 Upholstery Pad
All upholstery is mounted on a 3mm steel base plate to ensure no damage to the material can occur.

06 Weight Storage Horns
Optional chrome weight plate storage horns with high impact ends are available to provide storage options.



SPORTS VILLAGE

ELITE RACKS & LIFTING PLATFORMS.

Our state of the art Elite Olympic Racks and Lifting Platforms provide dedicated stations for Olympic weight lifting. Our market leading range of Power Racks, Multi Racks and Half Racks can be customised and configured to suit your environment and specific needs.



ELITE RACKS / LIFTING PLATFORMS

2115.	ELITE FREE STANDING SQUAT STANDS	2500.	ELITE POWER RACK	2505.	ELITE MULTI RACK	2510.	ELITE HALF RACK	2515.	ELITE POWER + POWER COMBO RACK
2520.	ELITE POWER + MULTI COMBO RACK	2525.	ELITE POWER + HALF COMBO RACK	2530.	ELITE MULTI + MULTI COMBO RACK	2535.	ELITE MULTI + HALF COMBO RACK	2540.	ELITE HALF + HALF COMBO RACK

2250.	3X2 MTR RUBBER PLATFORM 60MM	2255.	3X2 MTR OAK PLATFORM 60MM	2256.	3X2 MTR OAK PLATFORM 100MM	2260.	3X3 MTR RUBBER PLATFORM 60MM	2265.	3X3 MTR OAK PLATFORM 60MM
2281.	2X1 X 30MM OAK INSERT	2282.	2X1 X 40MM OAK INSERT	2283.	2X1 X 56MM OAK INSERT	2284.	ELITE HALF RACK OAK INSERT COM	2286.	ELITE HALF RACK OAK INSERT STD
2287.	PRO POWER RACK OAK INSERT COM	2288.	PRO POWER RACK OAK INSERT STD	2291.	ELITE POWER / MULTI OAK INSERT COM	2292.	ELITE POWER + MULTI OAK INSERT STD	2650.	ELITE HALF RACK OAK CENTER COM
2655.	ELITE HALF RACK OAK CENTER STD	2658.	ELITE POWER / MULTI OAK CENTER COM	2659.	ELITE POWER / MULTI OAK CENTER STD	2660.	PRO POWER RACK OAK CENTER COM	2665.	PRO POWER RACK OAK CENTER STD



01 Rack Configuration

All Exigo Elite racks are fully configurable and available in multi sided options to suit your specific training environment.

02 Structural Frame

All main frames are constructed using heavy gauge structural steel up to 5mm in wall thickness.

03 Integrated Lifting Platforms

Solid oak and rubber lifting platforms offer an integrated solution for all Exigo Elite Racks.

04 Training Attachments

A variety of optional attachments provide numerous configurable rack selections and exercise possibilities.

05 Storage Options

Selectable standard or bumper plate storage attachments provide safe and convenient solutions.

06 Laser Cut

All materials are cut using laser cutting technology and work to a tolerance of 0.1mm on all components.



CONDITIONING.



Exigo isn't only a leading manufacturer of strength and functional equipment, we also manufacture an elite range of Conditioning equipment essential to developing a complete athlete.



CONDITIONING RANGE

CR-1000.	PORTABLE CORE PLATE	CR-1005.	DOUBLE PORTABLE CORE PLATE	CR-1010.	WALL / FLOOR MOUNT CORE PLATE	CR-1015.	SPEED SLED	CR-1020.	FITNESS SLED
CR-1025.	DUAL FITNESS SLED	CR-1030.	FITNESS SLED ATTACHMENT	CR-1035.	FARMERS WALK (PAIR)	CR-1040.	WALL MOUNTED ROPE PULL		

01

01 Modern Aesthetics

Flat sided oval steel and innovative design features offer a leading-edge, attractive appearance.

02 Compact Designs

Compact designs reduce floor space requirements, while offering easy storage and user friendly products.

03 Chrome Wear Points

Durable chrome plated wear resistant finish providing long lasting protection.

04 Comfort Grip

38mm rubber ribbed handles provide comfort with capped anodised aluminium ends for protection.

05 Frame Finish

All machines go through a two stage cleaning and phosphate treatment process, then finished with a polyester powder coat finish to ensure the very best durability. Optional galvanisation allows for outdoor use.



SPORTS VILLAGE

FUNCTIONAL RIGS.

Exigo offers a comprehensive selection of functional training products. Standard or individual design specification will ensure we are able to offer a functional training rig to meet all your training needs. Space efficient, customizable functional training systems from Exigo offer performance, reliability and build quality to suit all budgets.



FREE STANDING	WALL MOUNTED	WALL MOUNTED COMPACT	CORNER	STORAGE
---------------	--------------	----------------------	--------	---------

MULTIPLE AND BESPOKE CONFIGURATIONS AVAILABLE ON ALL OF THE ABOVE.

01

01 Wall Mounted

Creating a flexible and convenient full functional training solution without compromise, even with limited space.

03

02 Training Attachments

Our growing line of attachments provide numerous configurable selections and exercise possibilities.

03

03 Storage Columns

Our unique commercial grade triangular columns are precision engineered to accommodate endless functional accessories.

04

04 Integrated Storage

Create a functional storage solution specific to your requirements by integrating a variety of storage attachments.

05

05 Free Standing

A real benefit within any training environment creating the ideal functional playground without the need for permanent fixing.

06

06 Individualised Design

Our modular rigs allow you to create an individualised set up that can expand as your facility grows.



SPORTS VILLAGE

06

PERFORMANCE RIGS.

Our Performance Rigs offer exceptional value for money, from free standing, squat series, wall series & compact wall designs. As with the Functional Series we have numerous functional training accessories that can be added to each individual station.



FREE STANDING

WALL MOUNTED

WALL MOUNTED COMPACT

CORNER

HEIGHT CONFIGURABLE

MULTIPLE AND BESPOKE CONFIGURATIONS AVAILABLE ON ALL OF THE ABOVE.



01

01 Wall Mounted

Creating a flexible and convenient performance training solution without compromise, even with limited space.

02

02 Individualised Design

Our modular rigs allow you to create an individualised set up that can expand as your facility grows.

03

03 Free Standing

A real benefit within any training environment creating the ideal performance arena without the need for permanent fixing.

04

04 Height Options

With variable height options, you are limited only by your available space.

05

05 Training Attachments

Our growing line of attachments provide numerous configurable selections and exercise possibilities.

06

06 Laser Cut

All materials are cut using laser cutting technology and work to a tolerance of 0.1mm on all components.



SPORTS VILLAGE

STORAGE SOLUTIONS.

Exigo Storage Solutions are designed for modern fitness facilities and training environments where the need to maximize space efficiently and offer storage functionality is a priority.



FREE STANDING

WALL MOUNTED

WALL MOUNTED COMPACT

CORNER

MULTIPLE AND BESPOKE CONFIGURATIONS AVAILABLE ON ALL OF THE ABOVE.



SPORTSVILLAGE

01 Wall Mounted
Take advantage of redundant space with a simple wall mounted storage solution.

02 Future Storage Adaptions
As your facility grows the requirements for storage options change. Our modular systems allow for endless configurations.

03 Free Standing
Without compromise, a total storage solution that can be placed in any location without the need for permanent fixing.

04 Space Saving
Effective storage solutions for an entire range of functional and training accessories with the need for only one bay.

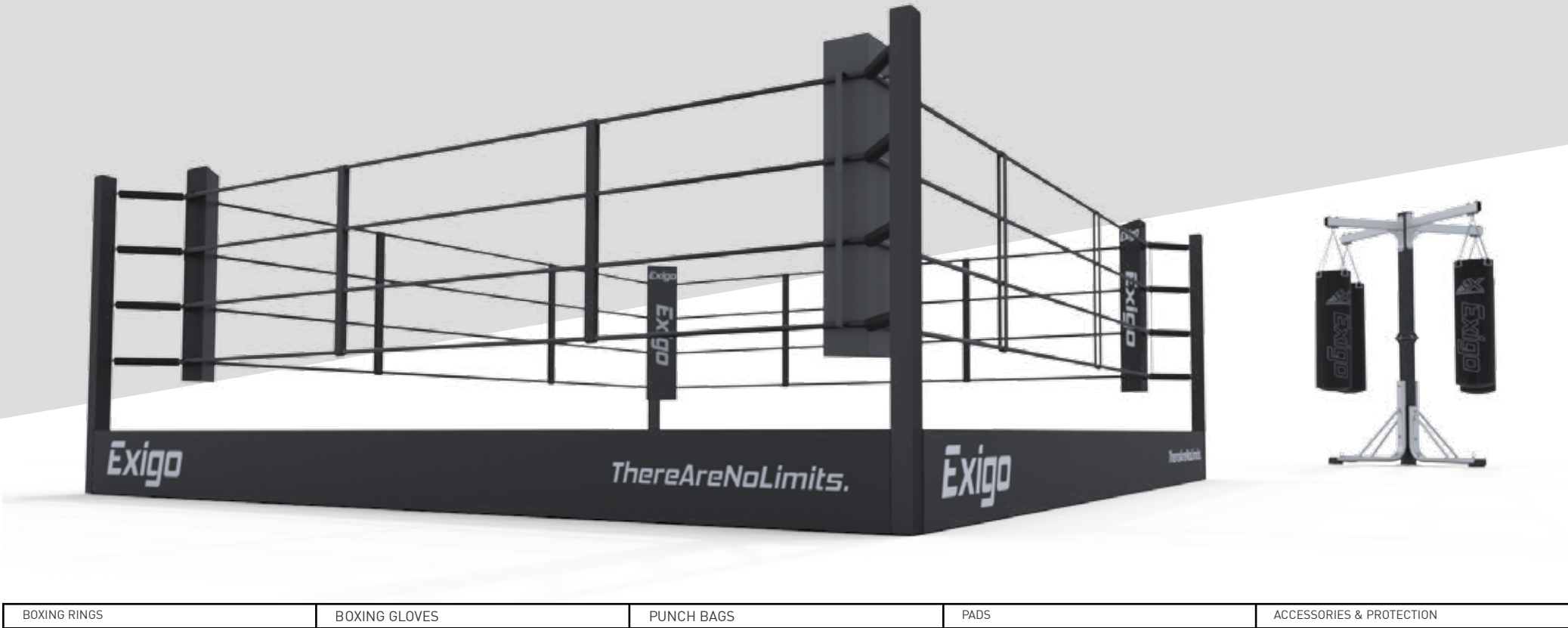
05 Suitability
Accommodates all major brands of studio equipment and accessories including but not limited to TRX®, Bosu®, Vpr®, Reebok®, Jordan, Physical Company, BodyBar®, and Dynamax®.

06 Easy Configuration
Adjustable storage allows variability within every section, configure your system how you want it.



BOXING.

Exigo supplies boxing rings and equipment to some of the largest and most high profile brands, events and customers in the industry. Exigo also offers an extensive range of boxing accessories including gloves, head and body protection, wall brackets, punch bags, speedballs and platforms.





02

03

01

01 Accessories & Protection

Exigo offers an essential range of boxing accessories and protection.

02 Pads

A variety of pads featuring wrist support and dome palm grip which supports natural hand alignment.

03 Boxing Rings

Offering a range of boxing rings suitable for gyms of all sizes and levels. Including Floor Rings, Mounted Floor Rings, Training Rings, Competition Rings and AIBA Specification Tournament Rings.

04 Punch Bags

A wide range of different styles and sizes, manufactured for commercial use to withstand the rigours of a busy facility.

05 Boxing Gloves

A selection of professional leather gloves, suitable for training and competition use.

06 Brackets & Bag Stands

A range of free standing and wall mounting options offering an effective range of commercial brackets and frames.

SPORTS VILLAGE



05



06



CUSTOMISATION.

Choose from a range of premium metallic, flat finish, or fine texture colours. Alternatively if you have a specific colour, Exigo can match almost any colour scheme.

BRANDING OPTIONS

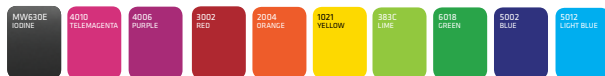
Why not customise your equipment with your club, gym or organisation logo?



METALLIC COLOURS



FLAT FINISH COLOURS



FINE TEXTURE FINISH COLOURS



UPHOLSTERY OPTIONS



A wide range of optional frame and colour options are available.
Contact Exigo for more information.
Actual frame and upholstery colours may vary slight from visuals.

SECONDARY COLOUR

The secondary colour is for moving parts or joining sections of your machine. Our secondary colours offer a textured finish which we recommend for increased grip on bars and grip points. Choose from our range of premium flat or fine textured colours. Other colours available POA.



PRIMARY COLOUR

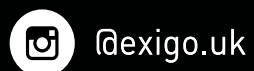
The primary colour is the main frame of your machine. Choose from our range of premium flat or fine textured colours. Other colours available POA.

CONCEPT DESIGN.

Here at Exigo we pride ourselves on being able to offer a unique and comprehensive facility design service. Help us understand your plans and we will guide you step by step through your gym design. We will help you achieve your business goals, meet your equipment and also budget requirements.



AUTHORISED EXIGO DISTRIBUTOR



www.exigo-uk.com

sales@exigo-uk.com

+44 (0) 1706 633 560

Exigo UK
Golden Works
Lawton Street
Rochdale
OL12 0LQ, UK

© 2018 Exigo. All Rights Reserved.

SPORTS VILLAGE - 44501166 / 55156973



WWW.SPORTSVILLAGEQATAR.COM



INFO@SPORTSVILLAGEQATAR.COM